

# Kuroshio Town Guidebook

黒潮町  
ガイドブック  
英語版



## Contents

- Sightseeing Easy Map
- Events
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- Sightseeing Recommendations
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**Come eat  
our delicious  
bonito!**

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# Kuroshio Town Wide Area Map



## Welcome to Kuroshio Town!

In Kuroshio Town, we utilize the abundant natural resources of the mountains and sea to prepare events and experiences such as the T-Shirt Art Exhibition, whale watching, and straw-seared bonito making. Our dining culture also allows you to enjoy the freshest ingredients we have to offer. I heartily welcome your arrival.

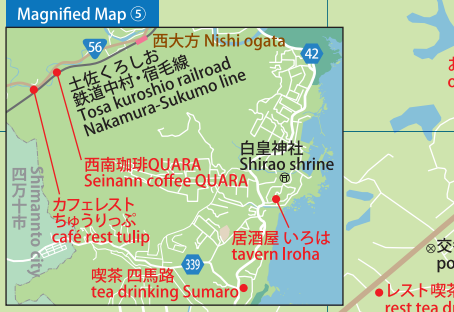
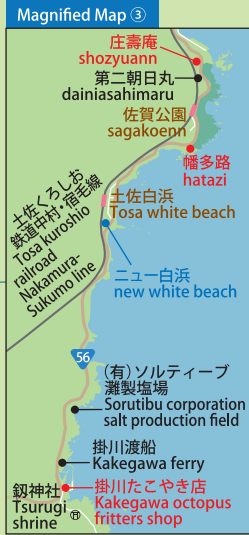
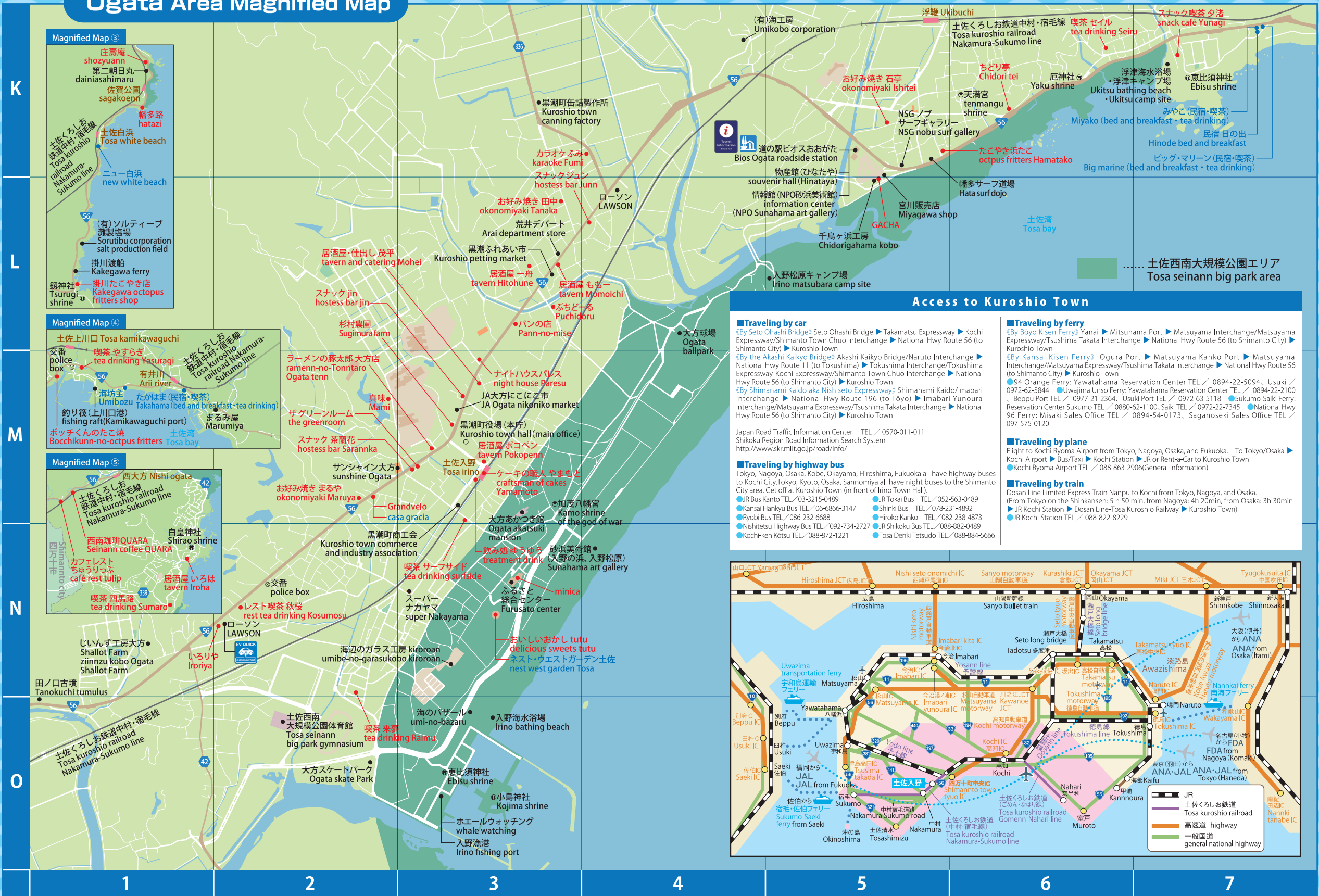
Mayor, Kuroshio Town

# Saga Area Magnified Map





# Ogata Area Magnified Map



### Access to Kuroshio Town

**Traveling by car**  
 (By Seto Ohashi Bridge) Seto Ohashi Bridge ▶ Takamatsu Expressway ▶ Kochi Expressway/Shimanto Town Chuo Interchange ▶ National Hwy Route 56 (to Shimanto City) ▶ Kuroshio Town  
 (By the Akashi Kaikyo Bridge) Akashi Kaikyo Bridge/Naruto Interchange ▶ National Hwy Route 11 (to Tokushima) ▶ Tokushima Interchange/Tokushima Expressway-Kochi Expressway/Shimanto Town Chuo Interchange ▶ National Hwy Route 56 (to Shimanto City) ▶ Kuroshio Town  
 (By Shimanami Kaido aka Nishiseto Expressway) Shimanami Kaido/Imabari Interchange ▶ National Hwy Route 196 (to Tōyō) ▶ Imabari Yunoura Interchange/Matsuyama Expressway/Tsushima Takata Interchange ▶ National Hwy Route 56 (to Shimanto City) ▶ Kuroshio Town

**Traveling by ferry**  
 (By Boyo Kisen Ferry) Yanai ▶ Mitsuhama Port ▶ Matsuyama Interchange/Matsuyama Expressway/Tsushima Takata Interchange ▶ National Hwy Route 56 (to Shimanto City) ▶ Kuroshio Town  
 (By Kansai Kisen Ferry) Ogura Port ▶ Matsuyama Kanko Port ▶ Matsuyama Interchange/Matsuyama Expressway/Tsushima Takata Interchange ▶ National Hwy Route 56 (to Shimanto City) ▶ Kuroshio Town  
 ● 94 Orange Ferry: Yawatahama Reservation Center TEL / 0894-22-5094, Usuki / 0972-62-5844  
 ● Uwajima Unso Ferry: Yawatahama Reservation Center TEL / 0894-22-2100, Beppu Port TEL / 0977-21-2364, Usuki Port TEL / 0972-63-5118  
 ● Sukumo-Saiki Ferry: Reservation Center Sukumo TEL / 0880-62-1100, Saiki TEL / 0972-22-7345  
 ● National Hwy 96 Ferry: Misaki Sales Office TEL / 0894-54-0173, Saganoseki Sales Office TEL / 097-575-0120

**Traveling by plane**  
 Flight to Kochi Ryoma Airport from Tokyo, Nagoya, Osaka, and Fukuoka. To Tokyo/Osaka ▶ Kochi Airport ▶ Bus/Taxi ▶ Kochi Station ▶ JR or Rent-a-Car to Kuroshio Town  
 ● Kochi Ryoma Airport TEL / 088-863-2906 (General Information)

**Traveling by highway bus**  
 Tokyo, Nagoya, Osaka, Kobe, Okayama, Hiroshima, Fukuoka all have highway buses to Kochi City, Tokyo, Kyoto, Osaka, Sannomiya all have night buses to the Shimanto City area. Get off at Kuroshio Town (in front of Irino Town Hall).  
 ● JR Bus Kanto TEL / 03-3215-0489 ● JR Tokai Bus TEL / 052-563-0489  
 ● Kansai Hankyu Bus TEL / 06-6866-3147 ● Shinki Bus TEL / 078-231-4892  
 ● Ryobi Bus TEL / 086-232-6688 ● Hiroko Kanko TEL / 082-238-4873  
 ● Nishitetsu Highway Bus TEL / 097-734-2727 ● JR Shikoku Bus TEL / 088-882-0489  
 ● Kochi-ken Kōtsu TEL / 088-872-1221 ● Tosa Denki Tetsudo TEL / 088-884-5666

**Traveling by train**  
 Dosan Line Limited Express Train Nanpū to Kochi from Tokyo, Nagoya, and Osaka.  
 (From Tokyo on the Shinkansen: 5 h 50 min, from Nagoya: 4h 20min, from Osaka: 3h 30min)  
 ● JR Kochi Station ▶ Dosan Line-Tosa Kuroshio Railway ▶ Kuroshio Town  
 ● JR Kochi Station TEL / 088-822-8229





# Kuroshio Town Recommended Events

## Admire the dancing carp in the sky



You'll find yourself captivated by the roughly 100 carp and bonito streamers hanging above the river of Iyoki from the end of April to beginning of May. The Bonito and Carp Streamers River

Crossing Festival is held on May 3rd. There's bonito-searing shows using hay and food stalls selling fish dishes. Kids even get to make their own handmade carp paper streamers to take home! (Limited number available)



## Bonito and Carp Streamers River Crossing

From end of April to beginning of May

The Bonito and Carp Streamers River Crossing Executive Committee (office located a few min. on foot from roadside station)

☎0880-55-3307

MAP P3 F-1

## Run across a relaxing beach



Soak in the rays of the summer's first sunlight and feel the salt breeze as you run "barefooted" through the fine sands of the expansive 4-kilometer stretch of beach covering the "Sunahama

Bijutsukan" (Seaside Gallery). Enjoy the sensations of the comfortable salt breeze and sand under a deep blue sky.

The "many footprints" covering the beach are a part of the Seaside Gallery's art pieces!



## The National Ōgata Seaside Barefoot Marathon Competition

Scheduled for May 3rd

Barefoot Marathon Competition Office (Kuroshio Town Board of Education)

☎0880-55-3190

MAP P4 N-4



There's plenty to do and see aside from the T-shirt Art Exhibition such as the Seaside Post Office, Sand Figure Experience and Candle Night so make sure to check in advance!

## T-Shirt Art Exhibition

Scheduled for beginning of May

NPO Seaside Gallery

☎0880-43-4915

MAP P4 N-4

## A dream-like world of T-shirt art across the seaside

Now, a specialty of Irino, the T-shirt Art Exhibition touches on unique and abstract ideas and has an increasing number of visitors from all over the world. It is one of Kochi's popular events. The t-shirts hang as if on a laundry line, dancing freely on the sandy shores in the fluttering wind.



## Experience the deep expanding blue of the Pacific



With shallows that stretch far from the shore, the area is great for families to enjoy swimming. Both beaches have parking, restrooms, showers, and changing areas (Irino showers require a fee). Ukitsu has camp grounds and shops. \*During swimming season, both areas prohibit surfing

## Swimming season (Ukitsu and Irino)

Scheduled for mid-July to around Aug 31st

Kuroshio Town Hall Industry Promotion Office

☎0880-43-2113

MAP P5 K-7/P5 O-3

## A Mid-Summer Endurance Contest!



The Swimming and Marathon Survival Race started in Kuroshio Town and Saga in Kochi Prefecture. Try it yourself, cheer, or help out as a volunteer and let's enjoy this extra

hot and exciting Kuroshio Town event together! There will be a meet-and-greet bonito party the day before the race where you can eat Japan's freshest seared bonito.

## Igoso Aquathlon Contest

Scheduled for end of July

Igoso Aquathlon Contest Office (Kuroshio Town Board of Education)

☎0880-55-3190

MAP P3 I-2

## Plenty of summer delights to enjoy

The fireworks display is held on over 4 kilometers of the Irino seaside. Watch roughly 500 rockets and exhibition fireworks shooting off just barely above the water while lighting the summer exhibition pieces of the Seaside Gallery. Watch the fireworks while sitting on the beach and listening to the music of the waves. Special events such as beach yoga and hula dance will be held starting in the late afternoon. In the evening, the bon festival dance will be held. Have your fill of summer at this popular event!



## Seaside Gallery Summer

Scheduled for August 15th

NPO Seaside Gallery

☎0880-43-4915

MAP P4 N-4



## Tosa Saga no Modori-Katsuo Festival

Scheduled for end of October

Kuroshio Town Hall Marine and Forestry Division

☎0880-55-3115

MAP P3 H-3

## Have a taste of bonito, the specialty of Kuroshio Town!

To show our daily appreciation for the bonito, we celebrate with the fattier modori-katsuo bonito. Hurry to buy popular whole bonitos! On the day of the event, watch out for closed roads around the area. There will be free shuttle buses from Tosa Saga Station and the Tosa Seinan Large-Scale Multi-Purpose Area Parking Lot so check for them beforehand!





### Praying for a plentiful autumn...



As big as the spring Kashima Festival, the Mikoshi and Children's Hanadori Dance from Tenmangu Soga Shrine to Saga New Port is a sight to see.

### Tenmangu Soga Shrine Grand Festival

Scheduled for beginning of November

Kuroshio Town Hall Industry Promotion Office  
☎0880-43-2113

### Be charmed by the art pieces and flowers



The colorful patchwork quilt pieces are displayed in a pine grove in Irino Matsubara. Nearby will be rakkyo flowers in full bloom. Enjoy watching

the quilt pieces slowly swaying in the salt breeze, surrounded by a field of stunning purple flowers.

### Rakkyo Flower Viewing - Salt Breeze Quilt Exhibit

Scheduled for beginning of November

NPO Seaside Gallery  
☎0880-43-4915

MAP P4 N-4

### Let us hope for many blessings to come



The shrine return ceremony and dances will be held. There will be many visitors at the Bountiful Haul Fishing Boat Parade in Kashimagaura. Palanquin bearer volunteers welcome.

### Kashima Shrine Grand Festival (eve of the festival)

Scheduled for the first Monday of March (eve is day before)

Kuroshio Town Hall Industry Promotion Office  
☎0880-43-2113

### Stalls and shops line the street!



Enjoy all that Kuroshio Town has to offer such as the Kuroshio Town local talent show and art exhibit, produced by preschoolers, elementary and junior

high schoolers from Ōgata throughout the year. You can also enjoy tasty bonito dishes at the food stalls.

### Ōgata's Autumn Festival: Kuroshio Town Marugoto Sangyo Festival

Scheduled for beginning of November

Kuroshio Town Hall Industry Promotion Office  
☎0880-43-2113

MAP P4 O-2

### A gift from a foreign country!?



It's exciting to think of what we often see as "garbage" as something that floated from some distant land beyond Japan.

### Washed Ashore Exhibition

Scheduled for the winter season

NPO Seaside Gallery  
☎0880-43-4915

MAP P5 K-5

### A Sunday Market that brings a smile to your face



The second Sunday of each month is the Seaside Sunday Market where all the producers in the Kuroshio Town area and surrounding regions gather.

Enjoy the home-like atmosphere as you shop for fresh produce, homemade specialties, and crafts.

### Hata Market "Seaside Sunday Market"

Held next to the gym at Tosa Seinan Large Scale Park (Ōgata District)

Town-Building Market Project  
☎090-2786-3702

MAP P4 O-2

## What's the Seaside Gallery?

Our town doesn't have an art museum.  
Our beautiful beach is the art museum.

I am the director  
at the Seaside  
Gallery



When you picture an art museum, isn't the first thing that comes to mind probably a beautiful grand building? However, the 4 kilometer length of the Irino beach serves as the art museum for Kuroshio Town's Seaside Gallery. The scenery we'd taken for granted each day is now seen as a piece of artwork. For example, the "Nitari Kujira" (Bryde's whale) swimming offshore, the "Rakkyo Flower Fields" spread across the sandy shores, the "Driftage" that arrives on the beach, the "Ripple Mark" designs made on the sand by the waves and wind, and the "Matsubara" (pine grove) welcoming the salt breeze... All of these are "works of art" to us. Bathed in moonlight, the waves lap like music by the Seaside Gallery. These art pieces co-exist with the abundant nature and are on display 24 hours a day, 365 days a year, presenting the various expressions of the seasons and passage of time to those who visit. The "Seaside Gallery" is a place where you can take what you ordinarily experience and, with a little change in perspective and work of the imagination, develop your senses.



See Page 6 for the T-Shirt Art Exhibition details!

See Page 8 for the Salt Breeze Quilt Exhibition details!

### Works you can enjoy at the Seaside Gallery ↓

#### Akaumigame (loggerhead turtle)



During June through August, loggerhead turtles come to the beach to lay their eggs. At dawn, you can see the unique footprints they leave behind.

#### Mairuka (common dolphin)



The name comes from the "ma" in "masani tenkeiteki" (quite typical) and "iruka" (dolphin). Whale watching is also possible.

#### Shiro-chidori (Kentish plover)



Check for these cute birds chasing each other across the shore and sticking their heads in the sand for food.

#### Kashima



This small island floating in Saga's cove can be counted as one of Hata's ten most beautiful scenes.

#### Driftage



Seashells, agricultural containers which make you think of environmental problems, and driftwood carved into "natural sculptures" collect from around the world.





# Roadside Station Recommended Dishes

## A roadside station where you can try authentic straw-seared bonito

Myojinmaru's straw-seared bonito has ranked first overall for Kochi Prefecture's popularity event, the 2014 Kochi-ke Dining Prefectural General Election, and at this roadside station, you can enjoy their famed "straw-seared bonito." There's a medley of different bonito dishes to try from at their restaurant such as the Bonito Set, Bonito Rice Bowl, Bonito Curry Rice, and Bonito Burger! Economical breakfast sets are also served in the morning. In the goods corner, you can find an assortment of local specialties and fresh produce. There are also freshly-made lunch boxes and bread so make sure to stop by!



Salted Bonito Set

The intense hot heat that comes from straw-searing brings out the umami flavor of the bonito that goes well with salt or sauce.



Kuroshio Bonito Bowl



Bonito Cutlets Curry



Dried Young Sardines Bowl



Made with select rice

## A roadside station facing the Pacific and only a minute's walk away from the sea!

At the "Hinatabi Ichiba" goods corner, you can find locally picked vegetables and seafood as well as an arrangement of Kochi's select products. We are loved by visitors and community members alike at this roadside station. At the "Hinatabi Shokudo" restaurant, the rice cooked in traditional cooling stove is extremely popular. Check out the popular homemade ice cream and limited time sweets as they change each season!



Othello

An original product of Roadside Station Bios Ogata

Popular! Great for gifts!



Whale Walking Trail

Udon with Tempura Toppings



Seared Bonito Burger



**道の駅 なぶら土佐佐賀**  
Roadside Station Nabura Tosa Saga  
☎0880-55-3325  
1350, Saga, Kuroshio Town



P3 F-1

Hours/Food Court 9:00 AM - 6:00 PM (last order-5:45 PM),  
Shop: 8:00 AM - 6:00 PM  
Parking/Handicapped spaces: 2, Regular spaces: 62, Large-scale automobile spaces: 3, Motorbikes: 12



**道の駅 ビオスおおがた**  
Roadside Station Bios Ogata  
☎0880-43-3113  
953-1, Ukibuchi, Kuroshio Town



P5 K-5

Hours/Hinatabi (dining) 7:00 AM - 7:00 PM (breakfast served until 11:00 AM, last order 6:30 PM), Gift Shop 7:00 AM - 7:00 PM  
Parking/Large-scale automobile spaces available

Made with the greatest of care in the local Ogatatabi River area, we use "Nikomaru" rice cooked with Japanese traditional cooking stove hoping "for you to eat our delicious local rice."

# Here's where Kuroshio Town's bonito is different!

There's a reason Kuroshio Town's "Tosa Saga no Himodori Bonito" is so delicious!

The blessings of the Kuroshio flowing in from surrounding areas of the Tosa Bay, skilled fishermen who fish for bonito one by one with the eco-friendly pole-and line fishing method, and the fishing port's daily hauls are a crucial part of Kuroshio Town's dining culture. Kuroshio Town's sun-dried salt is another reason why the "salted seared bonito" is so delicious.



Eat it the same day you catch it!

# Tosa Saga no Himodori Bonito

Bonito is good for you!

Here are the results from a one-year study held from July 2008 to July 2009 during which Kochi University and Kuroshio Town collaborated to find the components found in Tosa Saga no Himodori Bonito.

**Carnosine**  
(73.3mg/100g)

Is reported to be effective in lessening fatigue and increasing mobility when taken with anserine.

**Anserine**  
(258mg/100g)

Is reported to be effective in lessening fatigue and increasing mobility when taken with carnosine. Also said to decrease levels of uric acid.

**Histidine**  
(892mg/100g)

Acts as an appetite suppressant and is said to be good for diets.

Eating it with other condiments such as garlic will increase your nutrition intake!



## Try the straw-searing experience!

Cooking it yourself makes it all the better!

### Bonito Searing Tour

**Bonito Straw-Searing Tour**  
■ Tour Season/Between Feb. and mid to end of Dec. ※May be subject to change based on bonito catches  
■ Hours/11:00 AM - 3:00 PM ※Please call at least 3 days in advance for reservations  
■ Tour Length/Takes roughly 2 hours (including meal time)  
Katsuo Fureai Center, Kuroshio Ichibankan  
☎0880-55-3680 MAP P3 H-3



For more information, contact the following locations: (frozen bonitos are not Himodori bonitos)

明神水産株式会社 Myojinmaru Suisan Co., Ltd.  
☎0880-55-2800 MAP P3 H-3

(有)土佐佐賀水産 Tosa Saga Suisan Co., Ltd.  
☎0880-55-3200 MAP P3 H-3

(有)土佐佐賀産直出荷組合 Tosa Saga Suisan Shukka Co-op Inc.  
☎0880-31-4188 MAP P3 G-3

舞耕水産 Masukou Suisan  
☎0880-55-2020 MAP P3 H-1



Kuroshio Town has lots to experience and plenty of historical spots to see! /

## Kuroshio Town Recommended Spots



If you're lucky, you might get to see both whales and dolphins!

### Travel the sea with the whales

Appreciate the nature of the expansive Pacific through whale watching. In the warm Kochi waters, you'll find sperm whales, Bryde's whales, as well as Risso's dolphins, common dolphins, and many more. Experience nature through the vast sea, blue skies, and soothing salt breezes and be prepared for the excitement and emotions when you encounter a whale.

#### Whale watching

Whale watching ship departure times (Jökawakuchi Port/Irino Fishing Port) 3 times a day (8AM, 10AM, 12PM)

Whale watching season:  
End of April to end of Oct.

Ogata Fishing Boat Association Office

☎0880-43-1058

MAP P4 N-4

### Not just for looking! Fishing and eating are some of Kuroshio Town's perks! Have a blast fishing on ferries and rafts!



#### Fishing Raft

Fishing Raft (Jökawakuchi Port)

☎0880-44-1124

MAP P4 Magnified Map④

Fishing Raft (Rei)

☎090-5277-3274

MAP P2 B-3



#### Rock Fishing (Ferry)

Kakegawa Ferry

☎0880-44-1441

MAP P4 Magnified Map③

Daini Asahimaru

☎0880-55-3223

MAP P4 Magnified Map③

Set in the middle of the ocean between port and coast, many fish gather here. There are no limits to fishing and throughout the year, you can catch seasonal fish such as sea bream, amberjack, smallscale blackfish and more.

### Golf under blue skies and calm winds



#### A golf club with lodging and hot spring facilities

Tosa Utopia Country Club

☎0880-43-2345

MAP P2 C-2

### A lodging and experience facility reusing a closed school



#### Deai no Sato Minagawa

Deai no Sato Minagawa

☎0880-43-2010

MAP P2 C-2

### Let's camp on the beautiful sandy shore!



#### Camp Grounds

Roadside Station Bios Ogata

Information Center

☎0880-43-0105 MAP P5 L-5

#### Ukitsu Camping Ground

Kuroshio Town Hall Industry

Promotion Office

☎0880-43-2113 MAP P5 K-7

### Appreciating salt made by nature



Natural sun-dried salt is one of Kuroshio Town's specialties. Without using any fire, you can experience making salt from the natural energies of the sun and wind. You'll be surprised by its sweetness!

#### Sun-Dried Salt-Making Experience Tour

Industrial Coop Salt-bee

☎0880-55-2040

MAP P3 Magnified Map②

Saltive Nan Salt Factory, Inc.

☎0880-55-3226

MAP P4 Magnified Map③

### Make your own unique glass



#### Glassblowing and Tombo Bead-Making Tour

Seaside Glass Studio kiroroan

☎0880-43-4336

MAP P4 N-3

### Enjoy the nature to your heart's content from this seaside town with a boundless ocean view.



With endless sea before you and warm rays basking down, you feel the cool salt breeze as you enjoy a cycling tour of Kuroshio Town. Cycling fees start at 500 yen for 2 hours. There are a limited number of bikes so call ahead to reserve yours.

#### Rent-a-Cycle

NPO Seaside Gallery Office ☎0880-43-4915

MAP P5 K-5

Nest West Garden Tosa

☎0880-43-0101

MAP P4 N-3

Grandvelo

☎0880-43-0332

MAP P4 M-2

### A picturesque ocean perfect for surfing



With expansive sand beaches and calm waves, it's the perfect location for swimming. From beginners to pros, surfers from all over come to enjoy this place.

#### Surfing Experience Tour

The Green Room

☎0880-43-4862

MAP P4 M-3

NSG Nobu Surf Gallery

☎0880-43-2185

MAP P5 K-5

Hata Surf Dojo

☎0880-43-3309

MAP P5 K-5

### From children to adults, everyone can enjoy the ocean!



During the months between May and November, you can enjoy sea kayaking from Shioya shore to the port area of Tosa Saga! Have fun rowing on the beautiful sea or float along like a leaf on the water!

#### Sea Kayak

Sea Kayak from May to November (weather permitting)

SEA KAYAK 9640 (KUROSHIO)

☎090-7105-8447

Tour Meeting Place → MAP P3 G-2

### 6th century Kofun period tumulus with horizontal stone chambers



#### Tanoguchi Kofun

Kuroshio Town Board of Education

☎0880-55-3190

MAP P4 O-1

### Akatsuki Kambayashi's Literature Museum and Library Facility



#### Kuroshio Town Culture Transmission Graveyard

Ogata Akatsuki-kan

☎0880-43-2110

MAP P4 M-3



## Kuroshio Town Dining Areas

### Restaurants/Light Dining/Cafés

杉村農園 Sugimura Noen ☎080-3925-4402 P4 M-3	コーヒーショップ駅 Coffee Shop Eki ☎0880-55-3266 P3 G-1	散歩道 Sanpomichi ☎0880-55-2974 P3 G-2
幡多路 Hataji ☎0880-55-2608 P4 Magnified Map③	めし・酒処 むうん Dining and Drinks Muun ☎0880-55-2978 P3 G-1	はれ Hare ☎0880-55-3788 P3 G-2
ラコスタ Lacosta ☎0880-55-2141 P3 G-1	藤 Fuji ☎0880-55-2093 P3 G-2	千鳥ヶ浜工房 Chidorihama Kōbo ☎0880-31-3331 P5 L-5
庄寿庵 Shōjuan ☎0880-55-3500 P4 Magnified Map③	喫茶やすらぎ Café Yasuragi ☎0880-44-1848 P4 Magnified Map④	ちどり亭 Chidori-Tei ☎0880-43-1335 P5 K-6
喫茶かしま Café Kashima ☎0880-55-2928 P3 J-2	喫茶セイル Café Seiru ☎0880-43-1489 P5 K-6	GACHA ☎090-9559-1358 P5 L-5
いろりや Iroriya ☎0880-43-3838 P4 N-2	喫茶サーブサイド Café Seaside ☎0880-43-4818 P4 M-3	西南珈琲 QUARA Seinan Café QUARA ☎0880-43-2525 P4 Magnified Map⑤
喫茶来夢 Café Raimu ☎0880-43-4804 P4 N-2	レスト喫茶・秋桜 Rest Café - Cosmos ☎0880-43-2313 P4 N-2	minica ☎090-4974-6047 P4 N-3
カフェレストちゅうりっぷ Café Rest Tulip ☎0880-43-1186 P4 Magnified Map⑤	喫茶四馬路 Café Sumaro ☎0880-43-2834 P4 Magnified Map⑤	ラーメンの豚太郎 大方店 Ramen no Tontarō (Ōgata branch) ☎0880-43-2141 P4 M-3
カツオふれあいセンター 黒潮一番館 Katsuo Fureai Center Kuroshio Ichibankan ☎0880-55-3680 P3 H-3	宮川販売店(軽食) Miyagawa Hanbaiten (light dining) ☎0880-43-4192 P5 K-5	

### Izakaya bar and grills

鬼守家 Kishuya ☎0880-55-2128 P3 H-2	飲み処 ゆうゆう Bar Yūyū ☎080-3169-9400 P4 M-3	小梅 Koume ☎0880-55-3638 P3 G-2
居酒屋ももー Izakaya Momō ☎0880-43-2561 P4 L-3	ひなたや Hinataya ☎0880-43-3113 P5 K-5	花積 Hanazumi ☎0880-55-2165 P3 G-2
居酒屋ポコペン Izakaya Pokopen ☎0880-43-1287 P4 M-3	居酒屋一舟 Izakaya Isshu ☎0880-43-2735 P4 L-3	カラオケふみ Karaoke Fumi ☎0880-43-3223 P4 K-4
居酒屋・仕出し茂平 Izakaya and Catering Shigehira ☎0880-43-2838 P4 M-3	居酒屋いろは Izakaya Iroha ☎0880-43-1770 P4 Magnified Map⑤	真味 Mami ☎0880-43-0616 P4 M-2

### Okonomiyaki/Takoyaki

お好み焼き石亭 Okonomiyaki Ishi-Tei ☎0880-43-4791 P5 K-5	お好み焼きまるや Okonomiyaki Maruya ☎080-3921-0735 P4 M-2	お好み焼き田中 Okonomiyaki Tanaka ☎0880-43-4800 P4 L-3
掛川たこ焼店 Kakegawa Takoyaki-ten ☎0880-44-1621 P4 Magnified Map③	たこやき浜たこ Takoyaki Hamatako ☎no phone number P5 K-5	くいしんぼ Kuishinbo ☎0880-55-2873 P3 H-2
ボッチくんのたこ焼 Bocchi-kun no Takoyaki ☎0880-44-2366 P4 Magnified Map④		

### Bakeries/Desserts

パンの店 Pan-no-Mise ☎0880-43-4332 P4 L-3	ぶちどーる Puchi Dōru ☎0880-43-4144 P4 L-3	森のパンやさん Mori-no-Panyasan ☎0880-55-7226 P3 Magnified Map①
おいしいおかしutu(ネスト・ウエストガーデン土佐内) Tasty Treats tutu (inside Nest West Garden Tosa) ☎0880-43-0101 P4 N-3	ケーキの職人やまもと Cake Maker Yamamoto ☎0880-43-2178 P4 M-3	シェルレル Sheruru ☎0880-55-3551 P3 G-2

### Pubs and Bars

Life ☎0880-55-3609 P3 H-1	スナックジュン Snack Jun ☎0880-43-2801 P4 L-4	ナイトハウスパレス Night House Palace ☎0880-43-4815 P4 M-3
スナック茶蘭花 Snack Saranka ☎0880-43-2002 P4 M-3	スナック喫茶夕渚 Snack and Café Yūnagi ☎0880-43-4812 P4 E-0	スナックJin Snack Jin ☎0880-43-2833 P4 M-3

## Lodging Facilities in Kuroshio Town

... Day trip plans and bathing facilities available  
... Dining available

### Hotels and Minshukus

Fully experience the tranquil nature of the deep blue sea and expanding green of the mountains!

 ☎0880-43-0101 P4 N-3 ネスト・ウエストガーデン土佐 Nest West Garden Tosa 184, Irino, Kuroshio Town	 ☎0880-55-7011 P3 Magnified Map① 土佐佐賀温泉こぶしのさと Tosa Saga Hot Springs Kobushinosato 2161, Kobushinokawa, Kuroshio Town
 ☎0880-44-1146 P4 Magnified Map④ 海坊主 Umibouzu 1-2, Ariigawa, Kuroshio Town	 ☎0880-55-3381 P3 F-3 山三荘 Sansansō 68-3, Saga, Kuroshio Town
 ☎0880-43-2345 P2 C-2 土佐ユートピアカントリークラブ Tosa Utopia Country Club 3878, Ukibuchi, Kuroshio Town	 ☎0880-44-2010 P2 C-2 であいの里 鱈川 Deainosato Minagawa 666, Minagawa, Kuroshio Town
 ☎0880-44-1046 P4 Magnified Map④ たかはま Takahama 3, Ida, Kuroshio Town	 ☎0880-55-2571 P4 Magnified Map③ ニュー白浜 New Shirahama 244-1, Shirahama, Kuroshio Town
 ☎0880-44-1239 P5 K-7 ビッグ・マリーン Big Marine 1433-20, Kamikawaguchi, Kuroshio Town	 ☎0880-43-0332 P4 M-2 casa gracia 1572-7, Irino, Kuroshio Town
 ☎0880-44-1485 P5 K-7 みやこ Miyako 1486-1, Kamikawaguchi, Kuroshio Town	 ☎0880-44-1483 P5 K-7 民宿日の出 Minshuku Hinode 1486-6, Kamikawaguchi, Kuroshio Town

### Fishing Lodges

Stay at a fisherman-run lodge and fish to enjoy the freshest catch.

 ☎0880-55-3048 P3 G-2 魚影 Uokage 435-2, Saga, Kuroshio Town	 ☎0880-55-2353 P3 H-2 おおまち Omachi 796-1, Saga, Kuroshio Town
 ☎0880-55-3123 P3 H-2 なぶら Nabura 406-6, Saga, Kuroshio Town	 ☎0880-55-2336 P3 G-2 みや丸 Miyamaru 486-3, Saga, Kuroshio Town
 ☎0880-55-2329 P3 H-1 海生丸 Kaiseimaru 836, Saga, Kuroshio Town	

### Farming Lodges

Enjoy the farming experiences available at these farming minshuku lodges that have citrus trees in the back mountains.

 ☎090-2821-0714 P3 Magnified Map① 民宿弘田 Minshuku Hirota 579, Tachibanakawa, Saga, Kuroshio Town	 ☎0880-55-2507 P2 B-2 農家民宿 かじか Farming Minshuku Kajika 219, Ichinogawa, Kuroshio Town
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# Must-buys in Kuroshio Town!

**↑ Natural Honey**  
JAPANESE HONEY 百花蜜

**↑ Ginger**  
土佐のしょうが 自家製

**↑ Mini Whale-shaped Cookies**  
まほ自然糖

**↑ Preserved Kibinago-fish Products**  
PASTE

**↑ Shimeji mushrooms**

**↑ Satōkibi (sugar cane)**

**↑ Rice syrup, potato syrup**

**↑ Dried goods**

**↑ Black sugar**  
黒砂糖

**↑ Sun-dried salt**

**↑ Ponzu Vinegar**

**↑ Gyoshō fish sauce**

**↑ Miso**

**Roadside Station Recommendations!**

All the sa-shi-su-se-so's of seasonings are made in this rare collection of seasoning factories in Kuroshio Town. Collect them all and become a cooking pro!

Now sold at the following roadside stations: 道の駅 ビオスおおがた Roadside Station Bios Ōgata/953-1, Ukitsu, Kuroshio Town/☎0880-43-3113/P5 K-5  
道の駅 なぶら土佐佐賀 Roadside Station Nabura Tosa Saga/1350, Saga, Kuroshi Town/☎0880-55-3325/P3 F-1

## Kuroshio Town Shopping Areas

- Bonito**
- 1 明神水産(株) Myojin Suisan Co., Ltd. ☎0880-55-2800 P3 H-3
  - 2 (有)土佐佐賀水産 Tosa Saga Suisan, Inc. ☎0880-55-3200 P3 H-3
  - 3 (有)土佐佐賀産直出荷組合 Tosa Saga Sanchoku Shukka Co-op Inc. ☎0880-31-4188 P3 G-3
  - 4 舩耕水産 Masukou Suisan ☎0880-55-2020 P3 H-1
  - 5 カツオふれあいセンター 黒潮一番館 Katsuo Fureai Center Kuroshio Ichibankan ☎0880-55-3680 P3 H-3
- Salt**
- 1 (有)ソルティーブ Saltive, Inc. ☎0880-55-3226 P3 Magnified Map②
  - 2 企業組合ソルトビー Salt-bee Business Union ☎0880-55-2040 P3 Magnified Map②
  - 3 土佐のあまみ屋 Tosa no Amamiya ☎0880-55-3402 P3 Magnified Map②
  - 4 土佐佐賀 天然塩いごてつ Tosa Saga Tenensho Igotesu ☎0880-55-2828 P3 Magnified Map②
  - 5 (有)海工房 Umikobo, Inc. ☎0880-43-1432 P5 K-4
- Direct Sales Markets**
- 1 黒潮ふれあい市 Kuroshio Fureai-ichi ☎0880-43-2205 P4 L-3
  - 2 JA大方にこにこ市 JA Ōgata Nikoniko-ichi ☎0880-43-4400 P4 M-3
  - 3 JAまごころ市 JA Magokoro-ichi ☎0880-55-2913 P3 G-1

**Look What Else!**

**34M** Look for the "34M" symbol mark!

bonito and mushrooms simmered in tomato sauce

slow-cooked bonito in Japanese-style dashi and ginger

**In preparation for the prediction of Japan's highest tsunami**

In March 2012, the Kuroshio Town area was predicted to have Japan's highest tsunami at 34 meters high in the event of the Nankai (South Pacific) Truff Large-Scale Earthquake. However, since the prediction, the town has been working with its citizens to keep "casualties at zero" and create new plans. They have focused attention on "canned foods" in case of evacuation, which can be preserved to have ready at homes and in the town by establishing the Kuroshio Town Canning Facility on March 11th, 2014. Using local gourmet ingredients, the food is canned to make emergency rations that you would want to eat every day. They are also consuming what they make so as to keep food from going bad, creating a rolling stock (continuous restock) of canned goods.

Kuroshio Town Canning Factory Co., Ltd. ☎0880-43-3776 MAP P4 K-3

Write about your travels to Kuroshio Town on a postcard...

**Win a specialty good of Kuroshio Town!**

Look forward to what's inside!

**10 winners will be selected each time for the specialty goods set!**

**Deadline** 【1ST TIME】 Postmarked by 28 Feb 2017  
【2ND TIME】 Postmarked by 28 Feb 2018

**Send in the following information to the address below**

(1) Postal Code (2) Address (3) Name (4) Age (5) Gender (6) Contact info  
(7) The reason you came to Kuroshio Town (8) What you found fun or interesting in Kuroshio Town  
(9) Any requests you may have for Kuroshio Town

**Send Postcards to** Kuroshio Town Guidebook Present Staff, Kuroshio Town Hall Industry Promotion Office 2019-1, Irino, Kuroshio Town, Hata-gun, Kochi Prefecture

※Kuroshio Town Hall will not disclose nor provide any information from postcard event participants to any third parties. (With exceptions wherein the information is required by laws and regulations)  
※Submitted postcards will not be returned.  
※Results of the postcard present giveaway will be announced with the shipment of gifts.



# Kuroshio Town An Easy-Going Trip vol.1

Experience all Kuroshio-cho has to offer in a one-night stay



A one-night two-day trip to experience all of Kuroshio Town! There's plenty more to see and do, but I took it to the limit and enjoyed my trip in Kuroshio Town! Hope this guide helps!



DAY 1

9:00 AM  
Leave Kochi City ♪



Arrived in Kuroshio Town! Let's take a quick break!! To Roadside Station Nabura Tosa Saga we go!



1 Roadside Station Nabura Tosa Saga  
First, a little break at Saga's roadside station. With so many Kuroshio Town specialties lining the shop, it's fun just looking at all their products. I bought kibinago-fish and eringe-mushrooms here.

11:00 AM  
Roadside Station Nabura Tosa Saga



2 Bonito Fureai Center Kuroshio Ichibankan  
We stuffed ourselves with Kuroshio Town's famous seared bonito☆ Fresh bonito is definitely the best. The meat was so tender. Ahh ... I want to eat it again!

Delicious!



Store Details

12:00 PM  
Bonito Straw-Searing Tour Course

1 道の駅 なぶら土佐佐賀  
Roadside Station Nabura Tosa Saga  
☎0880-55-3325 P3 F-1  
1350, Saga, Kuroshio Town

2 カツオふれあいセンター 黒潮一番館  
Katsuo Fureai Center Kuroshio Ichibankan  
☎0880-55-3680 P3 H-3  
374-9, Saga, Kuroshio Town



An early check-in at the lodge.

4:00 PM  
Check in at the lodge!

2:00 PM  
Experience Making Salt



It's pretty difficult

Check out the Kuroshio Town Homepage for information on experience facilities and lodging!

Kuroshio Town

Search

<http://www.town.kuroshio.lg.jp/>



6:00 PM  
Have dinner at a local izakaya (bar and grill)!

After getting a little hungry, we head to a little restaurant in Kuroshio Town to have a taste of the sea. Since we came all the way to Kuroshio, we ordered dishes with the freshest catches.



10:00 AM  
Glass-blowing!

It's fun making things!



Seared Bonito Burger

At lunch break at the roadside station! We ate the "Seared Bonito Burger" you can only get here. The flavors matched more than we expected so we were a little surprised! We bought black sugar as a souvenir. Mmm ... the ice cream was so good ☆



3 Roadside Station Bios Ōgata

12:00 PM  
Roadside Station Bios Ōgata

DAY 2

An early morning walk through the Seaside Gallery ♪

We love taking walks so we walked through Irino sandy beach and the pine tree trail of Irino-Matsubara ♪ Blessed with clear skies, we felt refreshed breathing in the clean air☆



I feel so refreshed

2:30 PM  
A relaxing dip in the hot spring ♪



Right before returning to the city, we find yet another relaxing spot! We want to enjoy Kuroshio Town right up to the very last minute so we head for the hot springs! Great for the skin, we leave silky smooth ♪, ready to dive into bed. We head back to the city.

6:00 PM  
Back in Kochi City

3 道の駅 ビオスおおがた  
Roadside Station Bios Ōgata  
☎0880-43-3113 P5 K-5  
953-1, Ukitsu, Kuroshio Town

After finishing our

one-night/two-day trip in kuroshio Town...

For those staying in Kochi City or Shimanto City, we highly recommend stopping by Kuroshio Town, chock-full of Kochi goodness! This time around, we enjoyed activities and dining related to the blessing of nature! There are many more places to experience but even a one-night/two-day trip is enough to get your fill so please stop by!



We want to go to Kuroshio Town again!



*Our town doesn't have an art museum.  
Our beautiful beach is our art museum.*



Irino Coast,  
Kuroshio Town

Natural beauty is the permanent exhibit of the Seaside Gallery.  
Come to experience our "works" in this relaxing environment.

